

# Signals from Sailability Manly

January/February 2007, edition 20



[www.manlysailability.com.au](http://www.manlysailability.com.au)

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sponsored by



Warringah Council

## Flushed with Success!!!

The grand "Lifting the Lid" to open our new Accessible Bathroom for business will be at 10am on Saturday 24 February. We are inviting all the people who have helped us with the bathroom to attend and meet our members. Then we'll go sailing and take out the sponsors too.

The organisations and companies who have helped us so fantastically are:

- ☺ Manly Yacht Club, our host club
- ☺ Master Builders Association of NSW - Manly Warringah Division, for donating \$18,500 raised at their Charity Golf Day
- ☺ Francesca Davenport of Health Science Planning Consultants, for *pro bono* architectural design work and constant advice
- ☺ Manly Council, for allowing us to overcome what seemed like insurmountable design difficulties
- ☺ Safety Rails Australia, for donating all the stainless steel safety rails, drop-down shower seat, shower rail and curtain
- ☺ Altro APAC, for donating the vinyl safety flooring
- ☺ Brailliant Touch Australia, for donating the metal accessible toilet sign with raised figures and braille lettering
- ☺ Caroma - Dorf, for supplying the porcelain-ware and tap-ware
- ☺ J D MacDonald, for supplying the electric hand-dryer, towel dispenser, hooks, toilet roll holder, soap dispenser and shelf
- ☺ Ceramic Tile Market, Brookvale, for supplying the wall tiles
- ☺ Floors Plus for laying the vinyl safety flooring
- ☺ Geoffrey Taken, our electrician
- ☺ Jan Jensen, our painter
- ☺ Jill and Peter Hamilton, for donating the paint
- ☺ and of course Phil O'Leary, our builder.

**So put it in your diary now! An extra  
GENERAL SAILING DAY  
on Saturday 24 February 2007.**

## Starb'd!

Wow, in addition to our own sailing schedule the next few weeks are full of fun and competition for Sailability:

15-16 March (Thursday-Friday), NSW Access Dinghy Class State Championships at Belmont on Lake Macquarie

18 March (Sunday), Mikasa Women's Challenge at Manly Yacht Club

31 March (Saturday), Pittwater Regatta

6-10 April (Easter long weekend), National Access Dinghy Class Championships at Adelaide

14-15 April (Saturday-Sunday), Port Stephens Cup at Grahamstown Lake

For more details about these please contact Eli Demeny on 9976 2747.

# Sailability Manly's 10th Anniversary Dinner

Saturday, 10th March, 2007, 7.00 pm for 7.30 pm,  
for an evening of fun

Dee Why RSL, 932 Pittwater Road, Dee Why (parking entrance  
from Clarence Avenue)

\$45 per person — cheque made out to Sailability Manly and  
posted to

16/1 Addison Road, Manly NSW 2095

RSVP urgently to eli@manlysailability or 9976 2747 to make sure  
you reserve your place at this historic event. We don't have a  
tenth anniversary very often!

Please advise us if you have any special dietary requirements — drinks available at the bar

We want to showcase our members' diverse talents, so if you  
play a musical instrument, do impressions, tie balloons into  
funny shapes, tell jokes, paint pictures, sing, dance or  
whatever then please call Eli on 9976 2747 to book your  
moment in our very own "spotlight of fame"!

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## Procedures Manual

Our Procedures Manual has been completed and published. Copies are progressively  
being given out to our Volunteers as they arrive on Sailing Days.

Probably the major change that our members and guests will notice as we settle in to  
following these procedures is smoother operations on the day. The person in charge is  
the Sailing Day Coordinator who wears an orange hi-visibility vest. Down on the  
pontoon we have a Pontoon Manager wearing the yellow hi-visibility vest.

Other procedures have also been codified so that all-in-all everyone will have more  
fun.

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## “Eli D” sold

Sadly our second power boat has been having continuing maintenance problems lately  
and it was put to our Committee that she be sold to save further high repair bills.

So farewell Eli D, and thanks to Manly 16ft Skiff Sailing Club for giving her to us nearly  
two years ago... she certainly helped us out in our time of need.

# Sailing Schedule

### Saturdays:

Feb 17 General Sailing,  
Hornsby Lifestyle

Feb 24 Special Event plus  
General Sailing

Mar 10 General Sailing

Mar 24 General Sailing,  
BIRDS

### Wednesdays:

Feb 21 Centacare, Royal Far  
West

Mar 7 Truscott Street

### What time we start:

Volunteers should arrive by  
9am, sailors from 9:45am.

### Booking in:

Please book in at least 24 hours  
ahead. Visitors are always  
welcome to see what we do  
and try us out, but please call  
us to book in so that we can  
make sure you get to sail. Call  
Eli on 9976 2747.

### Parking permits:

We have parking permits for  
your car if you don't already  
have a disability parking  
permit.

### Extras to bring:

All sailors and volunteers must  
bring a hat that stays on and a  
good sunscreen. We supply  
bottled water and life jackets  
for all who sail.

### Info for Volunteers:

Please be at the Yacht Club by  
9am. We will normally finish  
sailing around 1pm and try to  
get everything packed away by  
2pm. If your name appears on  
the roster, and you are not  
available, please call some of  
the people on your list to  
provide a replacement, and tell  
Evelyn on 9976 2134 about the  
changes.

If you are not able to get a  
replacement, call Evelyn and let  
him know.

If your name is not on the  
volunteer roster, and you find  
you have some extra time  
available, please turn up to  
Sailing, as we can always use  
some extra helpers.

# What we've been up to...

Eli Demeny

## Thursday, 21 December 2006

Manly Yacht Club and Sailability Manly played host to 20 teenagers from the Canteen Camp being run Australia wide at Narrabeen Sport and Recreation Centre. These children are from all over Australia, brought together by cancer.

There were over 400 children at the camp, with activities run Sydney-wide for one week. The kids had been on a Sydney Harbour Bridge Climb, to the zoo, surfing, abseiling, etc., so by the time Sailing arrived on the Thursday, some of them were at the point of exhaustion (happy exhaustion). It was a pleasure to join with Sailability Rushcutters Bay to provide an opportunity to sail on Manly Cove in the two Salvos sailed over from Rushcutters Bay.

## Saturday, 6 January 2007

After several days of rain and strong winds, we welcomed some sunshine and a calmish day. So did 33 of our members and guests from as far away as Bronte and Telopea. We had a fabulous morning sailing, with help on the Safety Boat from Graham and Mark, Bob and Ronald, all the way from Holland. Sailing lessons were the order of the day for Helen and Jennifer, while rigging lessons were held for some of our eager new helpers.

As usual, sausages were served after the sail, thanks to Shelley. Thanks so much also to the helpers who came down with the group from Bronte, who were also willing volunteers for Sailability, helping to put out and rig boats while their charges were out sailing. We do appreciate it when everyone mucks in and helps.

## Wednesday, 10 January 2007

It was obvious that it was going to be a fabulous day today, from the look and feel of it before 8.00 a.m. Blue sky, winds to 12 knots, comfortable temperature, and that's how it turned out.

Thanks so much to Corey, Helen, John, Wayne, Malcolm, Vlad, Chris, Peter, Ian, Senny, Paula, Ivan, Norm, Francis, Jennifer, Roger and Eli. All of these eager beavers were there bright and early, so that we had 5 boats in the water and out in the Cove before 9.30, enabling all helpers to have a sail before our clients with disabilities arrived.

Once this happened, all joy-riding stopped and we were on to the serious business of the day..... having fun. We were able to give Maddy, Alex, Kiang, Lachlan, Jessika, Alistair and Ben from Interchange a fabulous time in the boats, and these children were followed by Lyn, Jean, Michelle, Mark, Anne, Matthew, and Margie from M.A.P.S, all adults with a disability who also had a wonderful time on the water.

Special thanks also to Daniel, a very special helper, who was able to help with winding the hoist, tying perfect knots, washing the boats, and observing on the Safety Boat. We hope to see lots more of you, Daniel.

## Saturday, 20 January 2007

Another beautiful day on the water. Bright blue skies, a cooling 15 knot breeze, and wonderful company. Our expert team of helpers, with Patrick on the deck, Jan on the pontoon, Jill on the rescue boat and Shelley on the barbecue facilitated the day, with rigging help from Jennifer and Judith, Deirdre and Wayne, Craig and Helen, Malcolm and Peter, Eli, Senny and Bob. Our fabulous sailors, Ivan, Wayne, Roger, Paula, Jackie and Evelyn took some of our less able sailors for a ride across Manly Cove.

Lots of thanks to Judy, Craig, Jessika, Denis, Alvear, Steve, Sally and Bruno, who make the whole day worthwhile, and thanks to their helpers who go to the trouble of bringing them to sailing.

Check our website regularly for the latest sailing schedule, reports and colour photos of our sailing days plus other events: [www.manlysailability.com.au](http://www.manlysailability.com.au) and while you're on the internet, also regularly check Sailability's website [www.sailability.org](http://www.sailability.org) for interesting information. You'll find the latest issue of "Freedom on the Water" magazine there plus items about other branches etc.

To check the weekend boating forecast before you come down to sailing, go to the Bureau of Meteorology on [www.bom.gov.au/products/IDN65186.shtml](http://www.bom.gov.au/products/IDN65186.shtml) and look at the West Channel Beacon section for Manly Cove's conditions.

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## January/February Committee Meeting

### Items of immediate interest:

+ Safety boat "Eli D" had considerable maintenance work carried out on her and now needs much more, so agreed to sell her

+ Completion of accessible toilet rapidly nearing and well under budget due to fantastic assistance from suppliers. Celebration planned for 24 February as an extra sailing day

+ 10th Anniversary Dinner planning moving ahead

+ Membership continues growing

+ A great big thanks to Bakers Delight Manly who have offered to supply the bread for our Saturday morning sausage sizzles

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**Next Committee Meeting will be Wednesday 7 March 2007, 6:30pm, upstairs at MYC.**

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## Australia Day, Friday 26 January 2007

A perfect sailing day today. Twelve very enthusiastic sailors and a few helpers converged on Manly Yacht Club to take part in the Annual Australia Day Regatta. Six boats were rigged, the Safety Boat made ready, and after a short briefing off we went.

Paula and Jessika were in Dolly Wallis, Denis and Jan in Greg Mott, Wayne and Ivan in Sunrise, Roger and Helen in Lionheart, Deirdre and Peter (H) in Woody, Steve and Peter (S) in Jack Harkness. The race start was a pretty shakey business as there was an unexpected hooter just one minute before the race sequence. All of our sailors quickly accomodated that, waited the 5 minutes, and the race got under way. What a pity Dolly Wallis was on the wrong side of the starting line at the wrong moment. However all was not lost, they returned back through the start line and the fleet, tossed a 180, and off they went again. All the other boats were headed for the top mark, Jack Harkness taking a completely different tack, but they all made it around the top mark within a minute of each other, round the point of the triangle, back around the starter boat, off to the top mark again, and down the sausage.

A very exciting race and even though they were extremely close, the winner and second place were clear. Woody came through first, followed by Lionheart. Sunrise and Jack Harkness were very hard to split, with Sunrise coming in ahead by less than a bow. Dolly Wallis came home next, and our gallant wooden spooners, Greg Mott, sailed in after them. An extremely stimulating experience made easy by our hard working sailors and volunteers. We are very grateful to Manly Yacht Club for giving us this racing experience in company with the other centre-boards. Next year we hope to move on to bigger and better things, with a barbecue lunch and an invitation to other Sailability groups to join us.

## Saturday, 3 February 2007

February already? Perfect weather for sailing again today, and we were inundated by helpers and sailors with a disability. I will not write the names of everyone who arrived, but there were 46 people on the two registers, and everyone who came down today had a sail. Our new people today were from Pioneer Clubhouse, and what a bonus they turned out to be. They even had a solo sailor among them, and it was lovely to see Rav taking out Clea on his own. We have a huge thank you to Baker's Delight, Manly, who are going to sponsor us for whatever our needs are in bread whenever we sail.

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## Mikasa Women's Challenge - MYC 18 March

Cristal D'Arques have sponsored Manly Yacht Club's Women's Challenge for 12 years and the company behind them has now obtained sponsorship for the next decade from Mikasa, another fine product. Both are brands from Arc International.

Division 7 of the race is for Access Dinghies with a female helmsperson. Here's another great opportunity to have all of our 303s and 2.3s out there competing and having fun. We certainly make a great spectacle with our colourful sails on Manly Cove.

As usual, please contact Eli Demeny on 9976 2747 for all the details. Also check out MYC's website, [www.myc.org.au](http://www.myc.org.au).



# Club Committee

President:  
Patrick Alexander  
tel 9913 9848

Secretary:  
Eli Demeny  
tel 9976 2747

Treasurer:  
John Storey  
tel 9997 6445

Membership Secretary:  
Peter Singer  
tel 9416 8749

Maintenance Officer:  
Malcolm Murray  
tel 9451 9074

Public Relations & Web:  
  
Bob Ronai  
tel 9983 9057

Volunteer Coordinator:  
Evelyn Shervington  
tel 9976 2134

Commodore:  
Peter Hamilton  
tel 9975 1434

Social Secretary:  
Jackie Morgan  
tel 9949 7847

Interclub Activities:  
Jan Jensen  
tel 9905 4869

Sailability NSW Rep:  
Elizabeth Atkin  
Deirdre Ronai

Committee Members:  
Jill Madden  
Cheryl Martin  
Graham Richards

(all telephone numbers  
above are after hours)